

Take Your Cover Cropping to the Next Level



SESSIONS BELOW ADDED TO ACCOMMODATE DEMAND

Purposeful Cover Crop Planning 101: A New Approach for Better Cover Cropping Outcomes

Same core content at all locations, customized to local cropping systems & conditions

Thur, Mar 7
Rocky Mount ^(101D)

The Franklin Center
50 Claiborne Avenue, 24151

Weds, Mar 13
Harrisonburg ^(101E)

Rockingham County
Extension Office
965 Pleasant Valley Road, 22801

Weds, Mar 27
Richmond ^(101F)

USDA-NRCS State Office
1606 Santa Rosa Road, 23229
(downstairs training room)

All events 9:30 am to 3:30 pm, with FREE lunch included

Deadline to register:
5:00 pm Mar 1

Local organizer/partner:
Cynthia Martel, VCE

Deadline to register:
5:00 pm Mar 8

Local organizer/partner:
Doug Horn, VCE

Deadline to register:
5:00 pm Mar 22

Local organizer/partner:
Chris Lawrence, NRCS

30 students maximum per location - Sign up today!

See next page for more details

To reserve your spot:

PLEASE SELF-REGISTER ONLINE - CLICK [HERE](#)

or for Rocky Mount call local Extension Office at (540) 483-5161, for other locations call (540) 808-3225

by the deadline listed above for your desired session!

If you are a person with a disability and desire special accommodations to participate in this activity, please contact Liz Hokanson at egrucker@vt.edu or (540) 808-3225 at least 5 days prior to event.

Hosted in partnership with:



Virginia Soil Health Coalition



More about *Virginia Cover Crop College*

A new statewide partnership educational effort

Our guiding principles:

A cover crop for every farmer & every purpose
Relevant to every sector, size, and style of ag

Our target audience:

Extension Agents
Conservationists
Farmers
Industry

Our lead instructors:

Chris Lawrence, NRCS
Dr. Wade Thomason, VCE
Local cover crop experts

Our teaching strategy:

Practical & interactive
Core principles relevant to every farm & client
Case studies adapted to local area & audience

Virginia NRCS Fall Cover Crop Seeding Date Chart (late-summer- & fall-seeded species)

Late-Summer- & Fall-Seeded Cover Crop Seasonal Niches, Functional Groups, and Species Names	Days	90 days before	75 days before	60 days before	45 days before	30 days before	15 days before	Avg 1st freeze	15 days after	30 days after	
		22-Jul	1-Aug	11-Aug	16-Aug						
		Dates	17-Jul	27-Jul	6-Aug	16-Aug					
Niche 3 & 4 Grass	Sorghum-Sudangrass (SK)										
	Pearl Millet (PM)										
	Foxtail Millet (FM)										
	Black Oil Sunflower (SF)									SF	
	Buckwheat (BW)										
	Legume	Forage Soybean (FS)									
Cowpea (CP)										CP	
Sunn hemp (SH)										SH	
Niche 1 & 2 (Niche 2 species names shrouded) Grass	Spring Oat (SO)										
	Annual Ryegrass (AR)										
	Winter Oat (WO)										
	Barley (BA)									B	
	Wheat (WH)										
	Triticale (TR)										
	Rye (RY)									R	
	Brassica / Forb	Forage Radish (FR)									
		Mustard (MU)									
		Forage Turnip (FT)									
Phacelia (PH)											
Rapeseed (RS)											
Legume	Canadian Spring Pea (SP)										
	Red Clover (RC)										
	Crimson Clover (CC)										
	Austrian Winter Pea										
	Woollypod Vetch (V)										
	Hairy Vetch										

A few examples of our new cover crop planning tools

What to expect at *Purposeful Cover Crop Planning 101*

Our first round of classes for 2019

1. VA NRCS Cover Crop Planning Manual, 2nd Edition
 - A new resource for all cover cropping, basic to advanced
2. New tools and strategies to help you make sense of:
 - 30+ species
 - 6 seasonal niches
 - 10+ purposes
 - 3 functional groups
3. Case studies to open your mind to new options...
 - ... And to help you see those you ought to avoid!
4. Networking, discussion, and new resources
 - To help take your cover cropping to the next level



SPACE IS LIMITED - RESERVE YOUR SPOT TODAY

Continuing Ed. Credits
CCA: 3.0 soil/water
DCR NMP: 3.0
DCR Cons. Planner: 3.0

Virginia Cooperative Extension
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